



# Put A Fork In It

*"it's done"*

## Breakfast & Lunch Menu

### Breakfast

#### Cereal & Oatmeal Package

Individual Oatmeal with Brown Sugar and Raisins or Individual Cereal with Milk  
Fresh Fruit (Choice of Apple, Tomato or Orange Juice)

#### Assorted Donuts & Muffins

Fresh Fruit (Choice of Apple, Tomato or Orange Juice)

#### Assorted Danish & Bagels

With butter and cream cheese

Fresh Fruit (Choice of Apple, Tomato or Orange Juice)

#### Hot Breakfast Burrito or Sandwich

Tortilla, Bread or Croissant

Choice of Bacon, Sausage or Ham

Eggs, Cheese, Lettuce, Tomato

Fresh Fruit (Choice of Tomato, Apple or Orange Juice)

#### Fork Special

Scrambled Eggs with Cheese, Breakfast Potatoes, Sausage, Fresh Fruit, Bagels, Muffins,  
Cream Cheese, Butter, Assorted Juices and Coffee.

#### Hot Breakfast

Assorted Mini Muffins

Fruit Salad, Frittata(eggs baked with mushrooms, scallions, cheese, garlic and green peppers)

Breakfast Sausage and Bacon

Parmesan Seasoned Hash Brown Potatoes

Coffee Station (regular and decaf with sugar and flavor creamer)

Orange Juice

## Mid Day Brunch

**Fresh Fruit Display** - with yogurt dipping sauce

**Bagels and Danish** - with assorted cream cheese

**Waffle Station** - with strawberry puree, maple syrup and whipped butter

**Scrambled Eggs** - whipped with cheese and milk, garnishes on sided of onions, tomatoes, and peppers

#### Bacon and Sausage Links

**Home-style Hash Brown Potatoes** - cut in ¼ pieces then baked with garlic and olive oil rub, mixed with green onions

**Gourmet Coffee Station** - regular and decaf with flavored creamers



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### Lunch

Box lunch with ham, roast beef or turkey sandwich on sourdough or wheat rolls  
(lettuce, tomato, cheese, pickle and brown mustard or mayo.  
Choice of pasta salad, potato salad or bag of chips  
Cookie or Brownie  
Deli tray with assorted meats and cheeses  
Assorted rolls  
Lettuce, tomato, and pickles for garnish  
Assorted fresh fruit  
Potato, macaroni or pasta salad (or combo)  
Assorted Desserts tray  
Bottled Water & Soda

#### Pasta Bar

Penne pasta, Fettuccini with marinara and Alfredo sauces.  
Served with parmesan cheese, mixed green salad, fresh homemade bread with garlic butter and fresh steamed vegetables.

#### Taco Bar

Soft steamed and hard shell tortillas. Served with seasoned taco meat, refried beans, sour cream, guacamole, onions, cheese, shredded lettuce, diced tomatoes, salsa, Spanish rice and tortilla chips.

#### Salad Bar

Build your own Cobb, chef, chicken or grilled teriyaki chicken salad, fresh sliced fruit, homemade bread and dressings.

#### Fajita Bar

Beef or Chicken strips, green and red peppers, onions, steamed flour tortillas, sour cream, salsa, cheese, tomatoes, Spanish rice, refried beans and tortilla chip.

#### Nacho Bar

Tortilla chips, nacho cheese, refried beans, guacamole, sour cream, sliced jalapeno peppers.

### Hot Lunch Choices Buffet

#### Spring Mix Salad

-Mixed Greens, Gorgonzola cheese crumbles, cucumber, mushrooms tossed in raspberry vinaigrette.

#### Entrée (choice of 1)

Blackened Chicken with penne pasta and Alfredo sauce.  
Herb Roasted Chicken with rosemary/garlic mashed potatoes  
Pork Loin Florentine with olive oil and dill roasted new potatoes  
Home-style Pot Roast with stewed potatoes and mushroom gravy

#### Vegetable (choice of 1)

Steamed Broccoli, Cauliflower and Carrots – with olive oil, sea salt, and oregano  
Green Bean Almandine – with yellow bells, olive oil, sea salt, garlic  
Dinner Rolls and creamy butter

Assorted soda and bottled water

*\$35 delivery fee for drop offs within 15 miles*

#### Add desserts for additional charge

mini brownies with powdered sugar sprinkle, assorted homemade cookies, rice crispy treats with chocolate drizzle, carrot cake, chocolate cake, apple pie